

## **AH-READ Basic Course Essential Items to Pack**

Here are some basic items to consider packing as you prepare for deployment as a READ. These have been drawn from experienced READs, and are some of the most essential to many incident responses.

- Cash / Charge card
- Clothing - 7 day supply of comfortable clothing, plus towel & jacket, hat and sunglasses
- Multiple pairs of footwear to match your duties: work boots, flip flops etc., Hygiene / Shower items (Bathroom bag) and other personal items to last two weeks minimum.
- Medicines (aspirin, antihistamine, antacids as a minimum) and prescription medicines to last two weeks minimum
- Spare glasses or contact lenses
- An alarm clock or cell phone with an alarm
- Foul weather clothing and personal protective equipment
- Office items (phone numbers, contacts, notebook & pens, jump drive)
- Flashlight & batteries - unless you know without a doubt that there will be electricity
- Incident forms - especially your resource orders from dispatch

Remember that these are just the most essential items. Ask lots of questions to other deployed READs if you can or to the dispatcher listed on your resource order. You can also do a quick web search of the weather and working conditions in the area of the incident response to guide you.